



ISRAEL TRAUMA CARE

Transforming Personal Trauma into Emotional Freedom

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	<p>the general public. In September 2002, we were fully prepared to bring a top USA University certified traumatology course to the public which would have already trained at least 60 professionals and 1800 citizens by now. The system has finally proposed offering such courses, mainly for professionals. Our goal is to also focus on teaching the general populace beyond just what to do when terror occurs. We teach practical, physiological, scientific techniques, proven effective for relieving and resolving the daily worsening anxieties and fears from this ongoing terror war situation.</p> <p>We also routinely hear victims asking for trauma help beyond what the socialized medical system is offering them. Since the recovery process for terror victims is extremely gradual and long, they often have deep trauma needs that begin surfacing after they leave the hospital environment. Therefore, these needs can't be addressed while the victims are inpatients in the hospitals. The state psychology agencies openly admit that many of the victims are not coming for help as outpatients, so personal outreach is necessary.</p> <p>How can we, as health care professionals, parents, teachers, and good neighbors, provide an environment of emotional safety, when we are unequipped with the physio-psychological skills necessary to properly respond in this terror environment?</p> <p>The Solution</p> <p>Israel Trauma Care and its teaching branch: EFT Israel</p> <p>We began by networking successful health care professionals to volunteer outreach visits to terror victims and their families in the hospitals</p>	<p>Medicine</p> <p>Dr. Gerald Epstein M.D. Dr. Myron H. Koch M.D.</p> <p>Medical Psychology / Traumatology</p> <p>Dr. Sherrie Raz Psy.D. The International Traumatology Institute, University of South Florida</p> <p>Child & Adult Psychiatry</p> <p>Dr. Solomon Jaworowski Shaarei Tzedek Hospital</p> <p>Psycho Geriatrics</p> <p>Dr. Yoel Isenberg</p> <p>Family & Trauma Therapy</p> <p>Judy Spanglet M.S.W.</p> <p>Trauma & Bereavement Counseling</p> <p>Sarah Alpert Yisrael M.A. Thea Givati M.A.</p>
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	<p>and their homes. Then we joined with paramedic services of the Gilo suburb of Jerusalem to open a free community trauma care clinic in the Gilo Community Center. Currently, our main focus is teaching large public seminars in effective practical physiological based trauma relief techniques to the general populace.</p> <p>The band aid approach prevalent in public mental health care of helping the wounded who are actively seeking help, is not adequate for the current broad societal needs here in Israel. The prevailing model says that psychological tools are too powerful and dangerous to teach to the public. We are trained in EFT and other methods which have a good track record of highly successful public usage without dangerous contraindications. The scientific research and larger body of anecdotal evidence for EFT shows much higher success rates than talking therapies, much lower rates of problem recurrence, and success with a very broad range of relevant emotional and physical problems.</p> <p>A large, growing body of psychiatrists, PhDs, and other health care professionals are using EFT and related meridian based techniques throughout the world. With the guidance of these leading professionals, we are organizing a teaching, certification, and support system to teach these techniques to the greater populace in Israel. See our web site www.EFTIsrael.org and the parent sites www.emofree.com and www.eftsupport.com.</p> <p>Our immediate goal is to prepare our society as a whole for the unknown terrors in the days to come. EFT is simple enough to train the general society, independent of socio-cultural upbringing, to be able to help themselves and each other to more calmness, safety, and stability in the face of terror.</p>	<p>Limb Reconstruction Surgery</p> <p>Dr. Yehudah Ben Asher</p> <p>Plastic Surgery/Burns</p> <p>Dr. Michael Finerman Dr. Sergia Lusthaus Hadassah Mount Scopus Hospital</p> <p>Orthopedic Surgery</p> <p>Professor Chaim Weinberg M.D.</p> <p>Physiotrist/ Physical Rehabilitation Medicine</p> <p>Dr. Jay Shames Dr. Liba Stern Dr. Moshe Weber</p> <p>Endocrinology & Metabolic Diseases</p> <p>Dr. Mark Stern M.D.</p> <p>Cardiology & Clinical Medicine</p> <p>Prof. Richard</p>
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	<p>Our larger goal is to work with the systems in place and network more able mental health professionals to upgrade the daily care and longer range rehabilitation programs. Supporting our programs will strengthen the fabric of society, help many return to the job market, and provide an emergency care network based on training citizens to service themselves and their immediate environment. Our teaching branch, EFT Israel, represents a necessary new solution for the challenge--enabling the public to personally and collectively intervene to restore stability and safety. Please support Israel Trauma Care with your tax deductible contribution to gain your share in providing free trauma care to victims of terror, and teaching direct trauma self help training to the general public. This focus will in many cases alleviate the need for extended professional mental health care, and literally rescue many needy people from fear, anxiety, and daily paralysis in the face of terror</p>	<p>McCarty M.D. Rehabilitative Nutrition Dr. Yisroel Yaffa M.D. Dr. Stephen Schwartz O.D. ND Israel Research Projects Dr. Mark Stern M.D. Dr. Yisroel Yaffa M.D. Dr. Avraham Gundle D.O. N.D. USA Tax Exemption # 22-326-9123</p>
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